

# IBERIKA TRAIL - LA CABRERA 2024

27 Octubre 2024

## Carrera LARGA - Orden De Llegada

### Finalizados (184)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
1	225	Javier HERNANDO DE LEMA	1 ABM		2:27:22	Todovertical V+	El Boalo		2:27:22	0:33:12	0:42:46	1:35:57	2:08:26	2:18:32
2	139	Javier Manuel PEÑA GOMEZ	2 ABM	1 VAM	2:34:41	Alameda Trail Team	Madrid		2:34:41	0:33:23	0:43:40	1:39:38	2:12:59	2:25:05
3	107	Javier MORENA MARTIN	3 ABM		2:38:17	Corredores Canal	Soto Del Real		2:38:17	0:35:21	0:45:34	1:42:22	2:17:52	2:28:18
4	122	David DOMINGUEZ MORALES	4 ABM	2 VAM	2:42:21	Todovertical V+	Azuqueca De He		2:42:21	0:35:47	0:45:56	1:43:15	2:19:41	2:33:24
5	194	Daniel REDONDO ARROYO	5 ABM		2:42:33	Todovertical V+	Madrid		2:42:33	0:34:47	0:45:30	1:44:19	2:21:24	2:33:27
6	236	Javier PAJARES ROJO	6 ABM	3 VAM	2:44:29	La Braña-solorrners	Santillana Del Ma		2:44:29	0:36:14	0:46:23	1:46:09	2:22:17	2:34:19
7	133	Asier LEJARRETA SANTOS	7 ABM	4 VAM	2:44:43	Tierra Tragame	Alcobendas		2:44:43	0:34:58	0:45:31	1:45:01	2:21:41	2:34:47
8	215	Ruben ALENDE ALBACETE	8 ABM	5 VAM	2:46:08	Tronchajaras Trail Team	Torrelaguna		2:46:08	0:36:38	0:47:16	1:46:13	2:22:26	2:35:48
9	220	Martin SANDOVAL	9 ABM		2:48:48	Individual	San Sebastian D		2:48:48	0:37:49	0:48:30	1:49:47	2:26:31	2:39:27
10	102	Hector BENITO FERNANDEZ	10 ABM	6 VAM	2:49:43	Todovertical V+	Madrid		2:49:43	0:36:57	0:47:42	1:48:54	2:26:06	2:39:37
11	144	Carlos GARCIA SANTOS	11 ABM		2:50:08	Individual	Colmenar Viejo		2:50:08	0:35:49	0:45:59	1:45:56	2:26:01	2:39:25
12	206	Omar MACHI	12 ABM		2:58:19	Individual	Madrid		2:58:19	0:36:29	0:46:05	1:49:03	2:31:26	2:47:07
13	18	Juan Luis CONTRERAS CRUZ	13 ABM		3:01:25	Independiente	Jaraiz De La Ver		3:01:25	0:40:52	0:51:47	1:54:11	2:35:06	2:49:43
14	114	Ruben VILLAVERDE PEÑA	14 ABM	7 VAM	3:03:57	A.d. Valle Inclan	Tres Cantos		3:03:57	0:38:25	0:50:49	1:57:07	2:36:39	2:53:38
15	168	Martin FAUCHILLE	15 ABM		3:06:14	Individual	Madrid		3:06:14	0:38:10	0:49:56	1:56:04	2:40:17	2:55:33
16	142	Jose Alberto GONZALEZ CARPI	16 ABM	1 VBM	3:08:59	Leon Trail	Madrid		3:08:59	0:39:44	0:51:37	2:00:04	2:41:53	2:57:36
17	49	Edaurdo MOTA SEISDEDOS	17 ABM		3:11:46	Mt3 Madrid Trail	Madrid		3:11:46	0:42:04	0:54:04	2:01:37	2:45:21	3:00:38
18	93	Alberto HARO GONZALEZ	18 ABM	8 VAM	3:12:10	Todovertical V+	Madrid		3:12:10	0:37:47	0:49:34	1:58:08	2:44:06	3:00:40
19	91	Moises CASTILLEJOS MARTIN	19 ABM	9 VAM	3:13:51	Poyalesrunning	Madrid		3:13:51	0:39:29	0:50:36	1:58:28	2:44:51	3:02:22
20	241	Miguel Angel PORRAS MORENO	20 ABM	10 VAM	3:14:05	Tronchajaras Trail Team	Torrelaguna		3:14:05	0:43:07	0:55:52	2:04:06	2:46:54	3:02:34
21	219	Kemen ITURRARAN ABASOLO	21 ABM	11 VAM	3:14:38	Zornotza Trail	Amorebieta		3:14:38	0:44:56	0:56:12	2:05:00	2:48:22	3:02:49
22	116	Jorge SAIZ TRIGUERO	22 ABM	2 VBM	3:15:18	C.d. Guadatrail	Tortola De Henar		3:15:18	0:41:58	0:53:35	2:03:01	2:49:43	3:04:21
23	36	Gonzalo HERRAIZ QUINTANA	23 ABM		3:15:52	Individual	Madrid		3:15:52	0:48:01	1:00:39	2:09:02	2:50:10	3:05:38
24	99	Manuel LEON GARCIA	24 ABM	3 VBM	3:16:13	Fmm Carpa	Seseña		3:16:13	0:41:30	0:53:44	2:03:40	2:48:08	3:04:41
25	180	Kevin TEJERA GARCIA	25 ABM		3:16:17	Independiente	Torres De La Ala		3:16:17	0:44:23	0:56:28	2:08:19	2:51:14	3:05:44
26	17	Eva GARRIDO CASTRO	1 ABF	1 VAF	3:16:27	Independiente	Jaraiz De La Ver		3:16:27	0:44:15	0:56:33	2:06:35	2:48:19	3:04:23
27	228	Yvan MATEO SAEZ	26 ABM	4 VBM	3:16:46	Individual	Mataelpino (el Bo		3:16:46	0:44:59	0:57:17	2:08:16	2:51:00	3:06:02
28	80	Fatima ESPINOSA HERNANZ	2 ABF	2 VAF	3:17:16	Todovertical V+	La Cabrera		3:17:16	0:43:03	0:56:05	2:08:28	2:49:58	3:05:39
29	82	Nicolas LABRADOR SAN MARTI	27 ABM		3:18:09	Cm La Cordada	Madrid		3:18:09	0:41:54	0:55:29	2:07:28	2:49:52	3:07:17
30	98	Javier PATIÑO ESTRADA	28 ABM	12 VAM	3:18:35	Individual	Madrid		3:18:35	0:42:59	0:55:52	2:07:31	2:51:08	3:07:22
31	210	Conchi RODRIGUEZ	3 ABF		3:19:53	Las Cabras Azules	Madrid		3:19:53	0:42:19	0:55:48	2:08:17	2:50:34	3:07:20

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27 Octubre 2024

## Carrera LARGA - Orden De Llegada

### Finalizados (184)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
32	66	Martin MUNILLA	29 ABM		3:20:26	Arxcdc	Madrid		3:20:26	0:42:20	0:54:02	2:03:33	2:53:43	3:09:06
33	140	Juan MARTIN BERMEJO	30 ABM	5VBM	3:21:16	Independiente	Galapagos		3:21:16	0:45:32	0:58:14	2:08:59	2:54:08	3:10:37
34	81	Juan Pedro FERREZ TEJEDA	31 ABM	13VAM	3:21:22	Todovertical V+	La Cabrera		3:21:22	0:44:42	0:56:48	2:08:54	2:53:31	3:08:44
35	224	Erik PALLARES VILLARREAL	32 ABM	14VAM	3:21:42	Alameda Trail	Madrid		3:21:42	0:44:08	0:56:11	2:11:57	2:55:29	3:10:33
36	11	Raul SESEÑA SANCHEZ	33 ABM	6VBM	3:21:52	Trailxtrem Team	Colmenar Viejo		3:21:52	0:42:22	0:55:04	2:04:42	2:52:08	3:09:18
37	87	Juan Francisco PEREZ LOPEZ	34 ABM		3:22:26	Club Atletismo Sigüenza	Madrid		3:22:26	0:48:01	1:01:04	2:09:04	2:50:48	3:09:52
38	52	Carlos GARAU SOBRON	35 ABM	15VAM	3:22:41	Individual	Madrid		3:22:41	0:40:54	0:53:24	2:04:23	2:49:35	3:10:32
39	182	Gaston GIOIA	36 ABM	16VAM	3:23:29	Individual	Madrid		3:23:29	0:41:52	0:54:30	2:08:13	2:55:03	3:11:22
40	162	Eduardo CASTRO LAZARO	37 ABM	7VBM	3:23:31	Aernnova	Illescas		3:23:31	0:44:21	0:59:32	2:12:40	2:56:22	3:11:46
41	238	Antonio FUENTES PINO	38 ABM		3:24:11	Dlc Trail Team	Madrid		3:24:11	0:43:09	0:55:47	2:08:21	2:54:06	3:11:54
42	75	Alberto PEREZ	39 ABM	8VBM	3:24:28	Individual	Valdemanco		3:24:28	0:42:28	0:54:34	2:07:20	2:55:07	3:11:56
43	56	Jose PEREZ MARTINEZ	40 ABM	9VBM	3:25:44	A.d. Grupo Montaña Pegaso	Matas, Las - 282		3:25:44	0:43:05	0:55:40	2:08:08	2:54:01	3:13:03
44	159	Jose YELAMOS PEREIRO	41 ABM	17VAM	3:26:37	Individual	La Cabrera		3:26:37	0:44:26	0:56:14	2:09:43	2:58:03	3:13:03
45	230	Carlos Alberto MIGUELEZ MONR	42 ABM	18VAM	3:28:38	Mt3 Madrid Trail	Madrid		3:28:38	0:40:45	0:53:29	2:06:16	2:51:12	3:14:58
46	123	Gregory HELMER	43 ABM		3:29:07	Individual	Madrid		3:29:07	0:40:31	0:54:59	2:10:38	2:59:19	3:16:58
47	117	Fernando DUQUE DE ESTRADA	44 ABM	10VBM	3:29:09	Alcarria Trekking	Madrid		3:29:09	0:44:12	0:56:48	2:12:48	3:02:51	3:17:31
48	199	Unai CALAHORRA ROMILLO	45 ABM	19VAM	3:29:27	Tronchajaras Trail Team	Torrelaguna		3:29:27	0:45:35	0:59:17	2:13:36	2:59:52	3:17:42
49	229	Ignacio GOMEZ CUESTA	46 ABM	20VAM	3:32:16	Independiente	Moralzarzal		3:32:16	0:48:02	1:01:14	2:17:30	3:04:14	3:20:18
50	27	Jose Maria DE SANTIAGO	47 ABM		3:32:38	Individual	Torrelodones		3:32:38	0:44:57	0:57:55	2:12:07	3:03:13	3:19:57
51	63	Diego BENITO SANCHIZ	48 ABM	1JNM	3:33:50	Individual	Madrid		3:33:50	0:47:58	1:04:15	2:19:39	3:05:01	3:22:39
52	242	Francesc BASACOMA GUTIERR	49 ABM	11VBM	3:34:16	Club Muntanya Vall Camprodon	Madrid		3:34:16	0:47:59	1:04:12	2:19:30	3:04:56	3:22:36
53	61	Francisco Javier CEPEDA ORTIZ	50 ABM		3:35:07	Individual	Madrid		3:35:07	0:44:44	0:56:12	2:10:24	3:05:18	3:21:56
54	71	David AZCARATE AMOR	51 ABM	21VAM	3:35:26	Aixemendi Kirolak	Bilbao		3:35:26	0:42:00	0:54:05	2:06:51	3:00:17	3:23:28
55	235	Eduardo HEBRERO GOMEZ	52 ABM	12VBM	3:36:20	Individual	San Agustin Del		3:36:20	0:40:09	0:53:17			
56	237	Daniel MUÑOZ GOMEZ	53 ABM		3:36:22	Dlc Trail Team	Madrid		3:36:22	0:43:18	0:57:08	2:14:18	3:03:49	3:24:00
57	171	Rodrigo ANDRES INIGUEZ	54 ABM		3:36:32	Trail Runners Nueva Malaga	Madrid		3:36:32	0:42:54	0:57:03	2:14:38	3:04:09	3:24:09
58	145	Daniel MURIEDAS BECERRA	55 ABM	22VAM	3:37:00	Team Gploil	El Astillero		3:37:00	0:45:12	0:57:43	2:16:05	3:08:25	3:24:34
59	108	Angel MARTIN CASERO	56 ABM	23VAM	3:37:43	Alameda Team	Torres De La Ala		3:37:43	0:45:30	1:00:06	2:15:50	3:04:47	3:24:36
60	95	Adolfo GALLEGRO NUÑEZ	57 ABM		3:37:46	Running Uah	Torres De La Ala		3:37:46	0:45:43	0:59:06	2:15:51	3:04:50	3:24:37
61	164	Jose Maria ALVAREZ UREÑA	58 ABM	24VAM	3:38:06	Aernnova	Illescas		3:38:06	0:44:37	0:59:32	2:21:04	3:09:31	3:27:05
62	151	Fabian GONZALEZ GONZALEZ	59 ABM	25VAM	3:40:22	Todotorrezno Team	Fuentespina		3:40:22	0:50:39	1:06:27	2:23:30	3:07:39	3:27:49

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### Finalizados (184)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
63	40	Carlos BLASCO MARHUENDA	60 ABM	13 VBM	3:42:28	Individual	Galapagar		3:42:28	0:48:08	1:01:34	2:18:57	3:08:16	3:28:46
64	30	Alberto FRANCO SALAS	61 ABM	26 VAM	3:42:30	Individual	Torrejon De Ardo		3:42:30	0:47:11	1:01:47	2:22:05	3:12:06	3:30:45
65	22	Alberto PASCUAL MENDEZ	62 ABM	27 VAM	3:42:58	Individual	Madrid		3:42:58	0:46:22	1:00:39	2:21:02	3:12:01	3:32:07
66	50	Benjamin CRANE	63 ABM	14 VBM	3:43:44	C.c. Ironsport 3c	Tres Cantos		3:43:44	0:44:39	0:58:05	2:19:09	3:10:58	3:30:50
67	20	Daniel GARCIA FERNANDEZ	64 ABM		3:43:50	C.d. Asturias Himalaya	Madrid		3:43:50	0:47:16	1:01:30	2:18:09	3:09:52	3:30:19
68	202	Mariyana PETROVA DJAMBAZO	4 ABF	1 VBF	3:44:07	Mt3 Madrid Trail	San Agustin Del		3:44:07	0:47:54	1:02:20	2:22:49	3:14:10	3:30:23
69	131	Roberto RODRIGUEZ MURILLO	65 ABM	28 VAM	3:45:26	Individual	Alcala De Henare		3:45:26	0:45:27	1:00:05	2:17:37	3:11:34	3:33:06
70	126	Carlos ABRIL NAVARRO	66 ABM		3:45:38	Mas Trainer	Madrid		3:45:38	0:44:19	0:58:26	2:20:48	3:12:39	3:31:01
71	120	Miquel Angel ANDREU FEBRER	67 ABM		3:46:29	Rsea Peñalara	Madrid		3:46:29	0:45:40	1:01:39	2:24:13	3:15:34	3:34:37
72	150	Aser CALLEJA ESTEBAN	68 ABM	29 VAM	3:47:02	Todotorrezno Team	Aranda De Duero		3:47:02	0:50:37	1:06:28	2:23:44	3:12:37	3:34:45
73	38	Jacobo NIETO CAMPUZANO	69 ABM	30 VAM	3:47:36	Independiente	Valladolid		3:47:36	0:47:10	1:02:02	2:23:07	3:15:33	3:34:56
74	177	Juan Jose FEITO MARTIN	70 ABM	15 VBM	3:47:48	Valderunners	Valdemoro		3:47:48	0:49:41	1:04:25	2:25:44	3:15:45	3:34:37
75	174	Gabriel COBO GUTIERREZ	71 ABM	31 VAM	3:48:08	3t Triatlon	Mostoles		3:48:08	0:52:35	1:07:53	2:25:47	3:13:19	3:34:55
76	113	Ignacio SERRANO	72 ABM		3:48:36	Individual	Madrid		3:48:36	0:51:01	1:06:20	2:24:07	3:15:52	3:34:23
77	208	Alberto ROMERO LUQUE	73 ABM		3:48:40	Individual	Madrid		3:48:40	0:51:05	1:06:21	2:24:09	3:15:47	3:34:23
78	106	Jesus SANZ ARRIAZU	74 ABM	32 VAM	3:49:32	Corredores Canal	Leganes		3:49:32	0:46:15	1:01:13	2:21:22	3:14:57	3:36:55
79	94	Eduardo Jose MESA SANCHEZ	75 ABM		3:50:28	Individual	Madrid		3:50:28	0:46:25	0:59:41	2:18:28	3:15:01	3:35:04
80	201	Fernando SARNAGO CEBADA	76 ABM	33 VAM	3:51:24	Individual	Pozuelo De Alarc		3:51:24	0:45:57	1:00:45	2:18:46	3:11:50	3:38:33
81	72	Marco Antonio CANO FUENTES	77 ABM	34 VAM	3:51:38	Tritorrejon	Torrejon De Ardo		3:51:38	0:51:52	1:06:37	2:29:02	3:20:05	3:39:32
82	172	Daniel TEJERA ECENARRO	78 ABM		3:51:49	Individual	Majadahonda		3:51:49	0:46:40	1:01:18	2:19:49	3:10:50	3:36:52
83	43	Guillaume LANCESTRE	79 ABM	16 VBM	3:52:07	Las Cabras Azules	San Sebastian D		3:52:07	0:48:14	1:03:08	2:28:22	3:20:32	3:39:29
84	183	Luis TERRON FERNANDEZ	80 ABM	35 VAM	3:52:26	Individual	Pozuelo De Alarc		3:52:26	0:46:34	1:01:35	2:24:11	3:17:12	3:39:34
85	166	Alejandro SANCHEZ RAMOS	81 ABM		3:52:44	Individual	Las Rozas		3:52:44	0:41:57	0:55:29	2:13:20	3:13:57	3:40:27
86	118	Francisco AREVALO CALVO	82 ABM	17 VBM	3:53:20	Independiente	Madrid		3:53:20	0:52:20	1:06:07	2:25:03	3:19:09	3:40:26
87	191	Javier MILIAN MATEOS	83 ABM	36 VAM	3:53:51	Club Triatlon Las Rozas	Las Rozas De Ma		3:53:51	0:49:50	1:05:49	2:25:27	3:15:38	3:41:08
88	7	Ruben GONZALEZ COBO	84 ABM		3:54:10	Individual	Coslada		3:54:10	0:47:26	1:03:39	2:28:56	3:22:57	3:43:08
89	205	Jose Ignacio AGULLEIRO BALD	85 ABM	37 VAM	3:54:41	Individual	Madrid		3:54:41	0:50:02	1:04:02	2:23:41	3:17:41	3:42:35
90	165	Manuel GONZALEZ GONZALEZ	86 ABM	38 VAM	3:54:47	Individual	Madrid		3:54:47	0:48:07	1:04:15	2:27:07	3:18:12	3:41:26
91	57	Jose Luis LUMBRERAS	87 ABM	18 VBM	3:54:51	Mt3 Madrid Trail	San Sebastian D		3:54:51	0:49:02	1:03:49	2:23:53	3:17:20	3:39:56
92	223	Jose Manuel MARTINEZ ACOST	88 ABM	39 VAM	3:54:53	Club Ciclista Majadahonda	Majadahonda		3:54:53	0:49:30	1:05:04	2:28:54	3:24:48	3:42:33
93	169	Joshua DICKINSON	89 ABM		3:55:02	Individual	Soto Del Real		3:55:02	0:40:50	0:54:50	2:18:32	3:13:54	3:38:44

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### Finalizados (184)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
94	217	Daniel DELSO	90 ABM	40 VAM	3:56:04	Todovertical V+	Madrid		3:56:04	0:48:37	1:02:29	2:23:39	3:21:26	3:42:09
95	119	Ana Delia CARDENAS SALAZAR	5 ABF	2 VBF	3:56:11	Independiente	Madrid		3:56:11	0:52:59	1:06:53	2:30:25	3:25:25	3:42:50
96	157	Samael CASTELLO ROSA	91 ABM		3:56:53	Individual	Alcorcon		3:56:53	0:45:23	1:03:24	2:29:42	3:21:57	3:45:11
97	127	Raul SILVERO ALAMA	92 ABM	41 VAM	3:57:05	Individual	Torrejon De Ardo		3:57:05	0:53:09	1:07:26	2:31:50	3:23:40	3:44:43
98	197	Carlos ALVAREZ-CHAS	93 ABM		3:57:40	Independiente	Las Rozas		3:57:40	0:52:36	1:06:54	2:28:25	3:21:37	3:40:51
99	190	Xavier RIUS SALES	94 ABM	42 VAM	3:57:56	Individual	Leganes		3:57:56	0:46:38	1:01:37	2:26:13	3:21:47	3:45:30
100	154	Marianna ZANDERIGO	6 ABF		3:58:07	Las Cabras Azules	Madrid		3:58:07	0:52:05	1:06:59	2:31:19	3:23:03	3:45:05
101	121	Guillermo BUDI HYCKA	95 ABM		3:58:09	Individual	Madrid		3:58:09	0:47:31	1:02:55	2:25:49	3:21:55	3:44:35
102	203	Alberto RODRIGUEZ GARCIA	96 ABM	19 VBM	3:58:29	Puravida Deportiva	Santiago De Com		3:58:29	0:49:08	1:05:22	2:28:58	3:23:43	3:45:38
103	134	Miguel ENCABO AYLLON	97 ABM		3:59:10	Individual	Madrid		3:59:10	0:56:16	1:11:02	2:27:34	3:21:29	3:46:42
104	8	Miguel CALVO SANZ	98 ABM		4:00:08	Individual	Coslada		4:00:08	0:47:28	1:03:39	2:29:00	3:23:24	3:46:39
105	96	Rafael COBO GUTIERREZ	99 ABM	43 VAM	4:01:20	Individual	Las Rozas De Ma		4:01:20	0:52:33	1:07:54	2:27:03	3:20:51	3:47:34
106	214	Raul SANCHEZ MENA	100 ABM	44 VAM	4:01:35	Cd Calamochos Casavieja	Madrid		4:01:35	0:51:37	1:07:24	2:34:22	3:29:47	3:49:18
107	104	Natalia SEGURA GARCIA	7 ABF	3 VAF	4:02:10	Club Corredores	Alcorcon		4:02:10	0:47:24	1:02:23	2:27:46	3:25:42	3:48:22
108	46	Jose Maria NEILA ALEGRE	101 ABM	45 VAM	4:02:35	Las Cabras Azules	Madrid		4:02:35	0:49:21	1:04:38	2:28:27	3:25:29	3:49:26
109	32	Jordi BOLUFER TORNERO	102 ABM		4:03:18	Nth Trail	Valencia		4:03:18	0:52:53	1:08:51	2:35:28	3:30:02	3:48:49
110	35	Damian CHAPARRO PUENTE	103 ABM	46 VAM	4:03:21	Nth Trail	Madrid		4:03:21	0:52:44	1:06:51	2:24:27	3:25:18	3:47:27
111	156	Yolanda GONZALEZ VAZQUEZ	8 ABF	4 VAF	4:03:38	Independiente	El Vellon		4:03:38	0:52:41	1:07:48	2:36:58	3:30:04	3:49:26
112	216	Jose Antonio SANTANA GARCIA	104 ABM	47 VAM	4:03:42	Club De Montaña Moyactiva	La Cabrera		4:03:42	0:46:11	1:08:29	2:36:56	3:29:51	3:49:30
113	226	Valentina LOPEZ DE HARO	9 ABF		4:03:47	Individual	Madrid		4:03:47	0:52:56	1:08:05	2:31:48	3:25:45	3:49:05
114	204	Ruben FERNANDEZ PASTOR	105 ABM	48 VAM	4:03:53	A.d. Grupo Montaña Pegaso	Collado Mediano		4:03:53	0:55:08	1:09:50	2:32:51	3:30:34	3:48:29
115	200	Javier FORNT SIMANCAS	106 ABM		4:05:56	Individual	Madrid		4:05:56	0:48:41	1:04:07	2:31:42	3:30:28	3:52:15
116	155	Pablo CANOVAS RUIZ	107 ABM		4:06:35	Individual	Madrid		4:06:35	0:50:27	1:05:11	2:30:29	3:33:20	3:53:18
117	192	Alvaro RUBIO BLAZQUEZ	108 ABM		4:06:46	Individual	Fuenlabrada		4:06:46	0:49:10	1:03:49	2:28:37	3:21:52	3:52:46
118	243	Ruben CABEZA BLANCO	109 ABM	49 VAM	4:07:26	Desnival	Madrid		4:07:26	0:50:33	1:04:58	2:31:37	3:30:16	3:52:38
119	198	Miguel Angel SERRANO PEREZ	110 ABM	20 VBM	4:07:48	Que Demonios Hago Yo Agui...	Mejorada Del Ca		4:07:48	0:55:11	1:13:30	2:38:42	3:29:53	3:54:18
120	31	Alvaro ROBLES MATEOS	111 ABM		4:08:00	Rsea Peñalara	Las Rozas De Ma		4:08:00	0:54:21	1:07:59	2:37:46	3:36:20	3:52:42
121	149	Andres CARRIL MARTINEZ	112 ABM	50 VAM	4:09:00	Tierra Tragame	Madrid		4:09:00	0:50:17	1:04:38	2:34:36	3:33:23	3:56:30
122	181	Kathrin RATHSAM	10 ABF	5 VAF	4:10:20	Madrid Runners' High & Guests	Madrid		4:10:20	0:55:19	1:11:41	2:38:00	3:33:48	3:56:26
123	234	Pelayo GUTIERREZ TEIRA	113 ABM	21 VBM	4:10:59	Independiente	Madrid		4:10:59	0:58:05	1:14:16	2:38:53	3:34:37	3:55:10
124	65	Gustavo ROMERO PALACIO	114 ABM	51 VAM	4:11:25	Individual	Madrid		4:11:25	0:50:57	1:06:29	2:34:01	3:34:26	3:58:32

# IBERIKA TRAIL - LA CABRERA 2024

27 Octubre 2024

## Carrera LARGA - Orden De Llegada

### Finalizados (184)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
125	129	Nestor GOMEZ ORTEGA	115 ABM	52 VAM	4:11:51	A.d. Grupo Montaña Pegaso	Mocejon		4:11:51	0:58:22	1:14:42	2:44:52	3:37:25	3:59:48
126	25	Alberto PASTOR MORENO	116 ABM		4:12:05	Individual	Alcorcon		4:12:05	0:54:56	1:11:34	2:41:43	3:37:12	4:00:35
127	103	Violeta ALONSO RAMIREZ	11 ABF	6 VAF	4:12:22	Todovertical V+	Madrid		4:12:22	0:56:58	1:13:27	2:43:22	3:34:49	3:59:02
128	240	Daniel FERNANDEZ	117 ABM	53 VAM	4:12:54	Individual	Madrid		4:12:54	0:51:28	1:07:11	2:31:12	3:30:36	3:58:28
129	239	Jose Manuel TEJERA	118 ABM	22 VBM	4:13:02	Individual	San Sebastian D		4:13:02	0:51:25	1:06:47	2:35:06	3:35:20	4:01:02
130	186	Jose Ignacio DIAZ DE ARGOTE	119 ABM	54 VAM	4:13:12	Individual	Madrid		4:13:12	0:50:46	1:07:03	2:31:16	3:30:47	3:58:32
131	213	Eduardo PEÑA ALMODOVAR	120 ABM	55 VAM	4:13:13	Individual	Madrid		4:13:13	0:55:33	1:13:17	2:44:54	3:38:00	4:01:07
132	218	David LOPEZ RUIZ	121 ABM		4:13:51	Independiente	Mostoles (madrid		4:13:51	0:55:37	1:12:34	2:38:02	3:36:05	3:59:20
133	16	Alvaro CAÑADILLA ANDALUZ	122 ABM		4:14:20	Individual	Madrid		4:14:20	0:53:59	1:10:48	2:38:39	3:37:10	4:00:55
134	47	Juan Carlos MARTOS GARCIA	123 ABM	56 VAM	4:15:29	Mt3 Madrid Trail	Madrid		4:15:29	0:50:08	1:03:33	2:31:06	3:34:32	4:00:30
135	211	Ana Carmen MARTIN ESPIN	12 ABF		4:16:07	Todovertical V+	Tres Cantos		4:16:07	0:53:06	1:08:06	2:36:49	3:36:53	4:01:04
136	207	David SEVILLANO GARCIA	124 ABM		4:16:09	Todovertical V+	Tres Cantos		4:16:09	0:50:52	1:06:02	2:36:43	3:36:59	4:01:05
137	1	Marcos CABEZON DEL PRADO	125 ABM	57 VAM	4:16:18	Individual	Cerceda		4:16:18	0:49:04	1:02:41	2:26:17	3:30:19	3:59:42
138	147	Jesus FERNANDEZ OLLEROS	126 ABM	58 VAM	4:16:29	Independiente	Madrid		4:16:29	0:48:43	1:06:00	2:32:56	3:32:29	4:02:10
139	73	Darius Madalin VERDES	127 ABM		4:16:37	Individual	Valdemoro		4:16:37	0:51:57	1:06:54	2:37:38	3:38:42	4:02:28
140	86	Pedro LOZANO BRANGER	128 ABM	23 VBM	4:17:19	32 Y A Correr	Pozuelo De Alarc		4:17:19	0:54:47	1:11:45	2:42:45	3:40:03	4:04:02
141	212	Salvador HENARES VILLAR	129 ABM		4:17:39	Individual	Torreperogil		4:17:39	0:51:50	1:07:17	2:38:45	3:37:08	4:02:55
142	138	Nerea DEL RIO GUADIX	13 ABF		4:18:43	Independiente	Madrid		4:18:43	0:52:28	1:06:31	2:34:14	3:37:41	4:00:53
143	137	Alejandro ROMERO MARRINEZ	130 ABM		4:18:44	Independiente	Madrid		4:18:44	0:52:30	1:06:31	2:34:16	3:37:38	4:00:53
144	45	Carlos BLASCO BERNALDEZ	131 ABM	59 VAM	4:19:31	Individual	Madrid		4:19:31	0:49:14	1:03:31	2:36:23	3:43:31	4:06:13
145	41	Javier BLASCO	132 ABM	60 VAM	4:19:36	Individual	Madrid		4:19:36	0:48:59	1:02:25	2:33:59	3:38:10	4:06:12
146	111	Angel SAN GREGORIO	133 ABM	61 VAM	4:19:49	Running Rivas	Rivas Vaciamadri		4:19:49	0:53:57	1:09:16	2:39:57	3:42:52	4:08:03
147	143	Raquel GARCIA IGLESIAS	14 ABF	7 VAF	4:20:11	Tronchajaras Trail Team	Torrelaguna		4:20:11	0:57:02	1:11:27	2:42:24	3:46:25	4:02:25
148	48	Juan Bautista GARCIA ALCALA	134 ABM	62 VAM	4:20:37	Individual	Noblejas		4:20:37	0:52:18	1:06:42	2:37:20	3:40:32	4:06:40
149	5	Enrique LAMEIRAS GARCIA	135 ABM	63 VAM	4:20:41	Individual	Ocaña		4:20:41	0:52:16	1:06:43	2:37:09	3:40:30	4:01:19
150	167	Francisco VERA SANCHEZ	136 ABM	24 VBM	4:20:49	Rsea Peñalara	Alcala De Henare		4:20:49	0:55:06	1:12:37	2:41:59	3:39:39	4:06:21
151	84	Felix MOYA	137 ABM	64 VAM	4:22:39	20 Laps	Arganda Del Rey		4:22:39	0:52:03	1:07:32	2:38:50	3:42:33	4:09:29
152	179	Carlos PIRIS JIMENEZ	138 ABM	65 VAM	4:22:54	Individual	Madrid		4:22:54	0:48:05	1:01:40	2:38:48	3:49:46	4:05:45
153	74	Modesto RODENAS PEREZ	139 ABM		4:23:15	Alameda Trail	Madrid		4:23:15	0:53:36	1:10:00	2:44:21	3:44:37	4:09:16
154	115	Irene RODRIGUEZ HERRERA	15 ABF	8 VAF	4:24:40	Alcarria Trekking	Madrid		4:24:40	0:56:53	1:12:55	2:49:30	3:46:42	4:10:47
155	78	Heron GIL RODRIGUEZ	140 ABM		4:24:44	Individual	Arganda Del Rey		4:24:44	0:48:24	1:03:28	2:37:33	3:45:29	4:09:36

# IBERIKA TRAIL - LA CABRERA 2024

27 Octubre 2024

## Carrera LARGA - Orden De Llegada

### Finalizados (184)

Pto Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
156	<b>19</b> Ramses ZAZO MORON	141 ABM	66 VAM	<b>4:24:48</b>	Individual	Camara De Ester		<b>4:24:48</b>	0:54:04	1:09:53	2:41:41	3:42:44	4:10:07
157	<b>15</b> Nacho CONDE ESTEBAN	142 ABM		<b>4:28:02</b>	Individual	Valdemoro		<b>4:28:02</b>	0:49:26	1:03:36	2:27:23	3:29:55	3:48:25
158	<b>14</b> Jose David RODRIGUEZ BECER	143 ABM		<b>4:28:09</b>	Individual	Valdemoro		<b>4:28:09</b>	0:49:19	1:03:36	2:27:15	3:29:59	3:48:23
159	<b>21</b> David GONZALEZ RODRIGUEZ	144 ABM		<b>4:28:30</b>	Individual	Alicante		<b>4:28:30</b>	0:56:48	1:12:38	2:47:16	3:46:53	4:13:37
160	<b>24</b> Rose MCAULIFFE	16 ABF		<b>4:28:56</b>	Individual	Madrid		<b>4:28:56</b>	0:55:49	1:13:32	2:46:53	3:46:33	4:14:47
161	<b>196</b> Oscar BAZ REDONDO	145 ABM	25 VBM	<b>4:30:38</b>	Individual	Arganda Del Rey		<b>4:30:38</b>	0:54:30	1:12:32	2:47:01	3:46:37	4:17:30
162	<b>90</b> Florient GAUTHIER	146 ABM		<b>4:30:41</b>	Alameda Team	Madrid		<b>4:30:41</b>	0:54:51	1:11:40	2:47:35	3:52:25	4:16:55
163	<b>195</b> John LE BONNIEC	147 ABM		<b>4:32:12</b>	Individual	Leganes		<b>4:32:12</b>	0:54:15	1:10:13	2:44:49	3:50:55	4:16:05
164	<b>160</b> Elena GARCIA DE LEON CERRI	17 ABF	9 VAF	<b>4:32:27</b>	Cde Kalamos	Las Rozas		<b>4:32:27</b>	0:58:37	1:17:40	2:53:09	3:53:19	4:18:38
165	<b>158</b> Laura ALHAMBRA GONZALEZ	18 ABF		<b>4:32:38</b>	Las Cabras Azules	España		<b>4:32:38</b>	0:56:30	1:11:36	2:53:06	3:53:09	4:18:32
166	<b>189</b> Edu ESPEJO PEREZ	148 ABM	26 VBM	<b>4:34:01</b>	Mt3 Madrid Trail	Rivas Vaciamadri		<b>4:34:01</b>	0:51:46	1:11:05	2:52:24	3:51:23	4:20:05
167	<b>187</b> Jose Manuel MOLLA	149 ABM		<b>4:34:55</b>	Individual	Madrid		<b>4:34:55</b>	0:56:36	1:12:26	2:43:40	3:50:50	4:19:04
168	<b>170</b> Antonio CABRERA	150 ABM	27 VBM	<b>4:35:37</b>	Independiente	Collado Villalba		<b>4:35:37</b>	0:55:04	1:12:45	2:51:45	3:51:53	4:19:37
169	<b>163</b> Juan GALLARDO SANCHEZ	151 ABM	67 VAM	<b>4:37:41</b>	Aernnova	Illescas		<b>4:37:41</b>	0:58:03	1:15:21	2:53:15	3:55:13	4:23:48
170	<b>9</b> Tito ESTEBAN LOPEZ	152 ABM	68 VAM	<b>4:38:59</b>	Individual	Valdemoro		<b>4:38:59</b>	0:49:17	1:03:34	2:27:13	3:30:58	4:19:08
171	<b>153</b> Pedro ARELLANO GUERRERO	153 ABM		<b>4:39:12</b>	Union Deportiva Vegana	Madrid		<b>4:39:12</b>	0:50:00	1:04:54	2:42:34	3:51:57	4:20:33
172	<b>39</b> Juan Francisco CRUZ NUÑEZ	154 ABM	69 VAM	<b>4:40:07</b>	Individual	Tres Cantos		<b>4:40:07</b>	0:56:02	1:11:49	2:47:06	3:52:46	4:21:27
173	<b>152</b> Carlos CRISTOBAL NORIEGA	155 ABM	28 VBM	<b>4:40:41</b>	Enphorma Triatlón San Agustín	San Agustín Del		<b>4:40:41</b>	0:56:46	1:13:18	2:52:45	3:57:29	4:24:06
174	<b>23</b> Daniel MORENO SANCHEZ	156 ABM	70 VAM	<b>4:40:57</b>	Individual	Madrid		<b>4:40:57</b>	0:53:56	1:11:54	2:50:04	3:55:32	4:24:01
175	<b>136</b> Alberto SANZ	157 ABM		<b>4:42:08</b>	Individual	Madrid		<b>4:42:08</b>	0:56:14	1:11:52	2:51:57	3:55:47	4:27:32
176	<b>68</b> Arturo ALMENDRO MUÑOZ	158 ABM	29 VBM	<b>4:46:16</b>	Individual	Las Rozas		<b>4:46:16</b>	0:56:34	1:13:50	2:49:42	3:57:24	4:27:57
177	<b>184</b> Agustin NAVARRO GARRIDO	159 ABM	30 VBM	<b>4:46:19</b>	Independiente	Madrid		<b>4:46:19</b>	0:56:10	1:13:28	3:00:50	4:06:24	4:31:29
178	<b>185</b> Rafael BUENO GARCIA	160 ABM	31 VBM	<b>4:47:00</b>	Running Rivas	Rivas Vaciamadri		<b>4:47:00</b>	0:54:19	1:11:22	2:53:16	3:57:54	4:30:54
179	<b>26</b> Sebastian GUIADO GUIADO	161 ABM	32 VBM	<b>4:47:05</b>	Individual	Torrejón De Ardo		<b>4:47:05</b>	0:57:59	1:15:45	3:02:40	4:06:30	4:32:19
180	<b>53</b> Francisco Javier CALVO SANCH	162 ABM	33 VBM	<b>4:50:08</b>	Las Cabras Azules	Las Rozas De Ma		<b>4:50:08</b>	0:56:29	1:13:04	2:52:43	4:06:12	4:33:49
181	<b>110</b> Miguel Angel RUIZ RUIZ	163 ABM	71 VAM	<b>4:52:24</b>	Individual	Rivas Vaciamadri		<b>4:52:24</b>	0:56:43	1:14:34	2:54:38	3:58:12	4:36:49
182	<b>85</b> Alejandro ROMERA GUERRERO	164 ABM	72 VAM	<b>4:53:29</b>	Individual	Rivas Vaciamadri		<b>4:53:29</b>	0:58:17	1:15:58	2:57:18	4:06:08	4:34:20
183	<b>59</b> Sonia GARCIA HERNANDEZ	19 ABF	10 VAF	<b>4:59:49</b>	C.d. Majadahonda	Majadahonda		<b>4:59:49</b>	0:57:55	1:17:13	3:04:34	4:18:00	4:43:03
184	<b>60</b> Barbara CASADO PADRO	20 ABF	11 VAF	<b>4:59:52</b>	Club De Atletismo De Majadahon	Majadahonda		<b>4:59:52</b>	0:58:31	1:17:12	3:04:39	4:17:58	4:44:04

### Descalificados (4)

Pto Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
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# IBERIKA TRAIL - LA CABRERA 2024

27 Octubre 2024

## Carrera LARGA - Orden De Llegada

### Descalificados (4)

Pto Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
188	Alberto DEL SAZ	16 ABM		3:08:05	Individual	Madrid		3:08:05	1:00:39	1:20:05			2:50:34
				Faltan Controles									
97	Miguel VILLAR MELGAREZ	42 ABM		3:28:33	Individual	Pinto		3:28:33	1:11:19	1:32:04			3:10:50
				Faltan Controles									
37	Kirsten PAL	4 ABF		3:39:16	Individual	Madrid		3:39:16	1:10:57	1:32:39			3:24:15
				Faltan Controles									
51	Lesley CRANE	5 ABF	1 VBF	3:39:24	Individual	Tres Cantos		3:39:24	1:11:08	1:32:39			3:24:13
				Faltan Controles									

### Retirados (13)

Pto Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO	CLUB	LOCALIDAD	PENAL.	META	P.C. 1	P.C. 2	P.C. 3	P.C. 4	P.C. 5
83	Ricardo FERNANDEZ DIAZ	ABM	VAM		Individual	La Cabrera			1:08:32	1:34:45	3:44:58		
148	Jorge FRANCO BARBERO	ABM	VAM		Cd,triathlon San Sebastian De L	El Molar			0:38:42	0:50:49	1:56:20	2:38:28	2:54:04
77	Txus HERNANDEZ	ABM	VAM		Individual	Madrid			0:50:43	1:05:25	2:29:17		
62	Juan Manuel BENITO CARBAJA	ABM	VBM		Shaolinrunners	Madrid			1:02:41	1:21:29	3:18:37		
222	Estrella GUTIERREZ OCAÑA	22 ABF	3 VBF		Individual	Villanueva De La			1:04:24	1:25:34	3:22:50		
221	Javier FERNANDEZ-CORUGED	ABM	VBM		Individual	Villanueva De La			1:04:30	1:25:33	3:22:52		
69	Antonio CATTAROSSO	ABM	VAM		Individual	Las Rozas De Ma			1:00:00	1:16:54	3:23:34		
76	Nuria CHICANO SAIZ	ABF	VAF		Independiente	Cuenca			1:09:00	1:29:05	3:30:44		
193	Javier AGUDO POZUELO	ABM			Individual	Getafe			0:57:53	1:24:19	3:36:46		
161	Victor Manuel CORONADO SAEL	ABM	VAM		Individual	Alcorcon			0:58:52	1:18:27	3:36:53		
146	Mario GRACIA FERNANDEZ	ABM	VBM		Individual	Madrid			1:05:20	1:25:42	3:36:58		
232	Juan M RAFAEL JAEN	ABM	VBM		Club Atletismo Las Rozas	Majadahonda			0:54:37				
231	Joaquin LOPEZ PEREZ	ABM	VAM		Club Atletismo Las Rozas	Majadahonda			0:54:53				